

Outdoor & Woodland Learning Activity Sheet

Activity:	Mud Kitchen										
Habitat:	Woodland, Garden, Croftland			Season:	S	✓	S	✓	A	✓	W

Level	
Early	✓
First	✓
Second	✓
Third and Fourth	
Senior Phase	

Curriculum topics			
Expressive Arts	✓	Health and Wellbeing	✓
Languages	✓	Mathematics	✓
Religious & Moral Ed		Sciences	✓
Social Studies		Technology	✓

Equipment*
Sticks
Wooden spoons
Plastic bowls
Plant pots
Buckets
Plastic food trays
Measuring jugs
Scales
Ingredients! (see sheet for ideas)

Time
Various

Key outcomes
Develop a sense of size and amount by observing, exploring, using and communicating with others.
Experiment with everyday items as units of measure to investigate and compare sizes and amounts, sharing findings with others.
Share ideas with others to develop ways of estimating the answer, work out the actual answer, then check solutions by comparing it with the estimate.
Estimate weight and measurement, using everyday things as a guide, then measure or weigh using appropriate instruments and units.
Practice reading, writing and spelling. (literacy)
Use a (recipe) book to find information and use this to plan. (literacy)

*Items depicted in bold are available from CALLP

Activity description
This is an activity about making a mud kitchen and using it to learn about measuring, estimating, basic fraction identification, literacy. Making mud pies and imaginary cooking using natural outdoor materials seems to have always been a part of playing outdoors. It's a great way to engage with the outdoors and get hands on experience by exploring materials, role playing and using their imagination.

Notes

