

Outdoor & Woodland Learning Activity Sheet

Activity:	Risk Assessment Triangles											
Habitat:	Any			Season:	S	✓	S	✓	A	✓	W	✓

Level	
Early	✓
First	✓
Second	✓
Third and Fourth	✓
Senior Phase	✓

Curriculum topics			
Expressive Arts		Health and Wellbeing	✓
Languages	✓	Mathematics	
Religious & Moral Ed		Sciences	✓
Social Studies		Technology	

Equipment*	
Risk Assessment Triangles	

Time
10-15 minutes

Key outcomes
Increase active risk assessment skills

*Items depicted in bold are available from CALLP

Activity description
<p>A resource to help individuals identify potential hazards and the risks associated with them. Enables individuals to begin taking ownership of their wellbeing and increase awareness of the world around them. Great health and safety discussions at the start of a session.</p>

Notes



Things to think about when you go outdoors (also called a *Risk Assessment for Outdoor Learning*)



Check the weather before you go out. What kind of clothes will you need?



Check the tide times before you go to the beach. Be careful of slippery rocks.



Make sure you know where you are going so you don't get lost.



Always stop and check there is no traffic coming when you cross the road.



Some plants are poisonous. Don't touch unless you have checked with an adult who knows if the plant is safe.



Look out for things that might trip you up and wear good footwear to stop you slipping over.



Watch out for ticks. Check yourself when you get home.



Avoid getting too close to plants and insects that sting.



Stay a safe distance from the river bank. Don't go to the river side if there has been very heavy rain.



Take care to avoid overhanging branches and especially those at eye level.

Please note: supervision of pupils by a responsible adult during outdoor learning activities is advised







